

*AMENDMENTS TO THE SPECIFICATION*

After page 6, line 2, please insert:

Figure 31 is a cross sectional view showing the ring having a triangular cross section with two equal length sides.

Figure 32 is a cross sectional view showing the ring having a triangular cross section with unequal length sides.

Figure 33 is another cross sectional view showing the ring having a triangular cross section with unequal length sides.

Figure 34 is another cross sectional view showing the ring having a triangular cross section with unequal length sides.

Please replace the paragraph beginning at page 7, line 14 with:

As seen in Figure 28, the length 35 of the bar is equal to the circumference of the ring 20. The length 35 of bar has a triangular cross section 23 with vertexes designated A, B, and C, at one end and A'B'C' at the other end. The length also has sides designated AB, BC, and CA at one end, and A'B', B'C', and C'A' at the other end. The bar is shown formed of a triangle which is equilateral throughout the bar length 35. However, as shown in Figures 31-34, the cross section 23, 100, 102, 104, 106 can vary throughout its length, providing it remains a triangle.